October Lunch Menu 2023

	Tuesday	Wednesday	Thursday	Friday
2 Breakfast: Sausage Biscuit	3 Breakfast Oatmeal	4 Breakfast Waffle	5 Breakfast Assorted Pastry / Yogurt	6 Breakfast Waffle
Lunch: Chicken Nuggets Corn Salad	Lunch: Tacos Lettuce & Cheese Red Beans	Lunch: Mini Corn Dogs Baked Beans Green Beans	Lunch: Chicken Sandwich Carrots / Celery Chips	Lunch Cheese Pizza Romaine Salad w/ Carrots & Tomatoes
9 Breakfast: Bagel/ Cream Cheese	10. Breakfast Granola & Yogurt	11. Breakfast Assorted Pastry / Yogurt	12. Breakfast Pancakes	13 No School
Lunch	Lunch		Lunch	2 CHOO!
Chicken Nuggets Corn Romaine Salad w/ Dressing	Tacos Lettuce & Cheese Black Beans	Lunch Hot Dogs Baked Beans Green Beans	Cheese Pizza Romaine Salad w/ Carrots, Tomatoes	No School No hay Escuela
16. Breakfast Cereal	17. Breakfast Oatmeal	18. Breakfast Assorted Pastry/ Yogurt	19. Breakfast Pancakes	20. Breakfast Cereal
Lunch Sloppy Joe Corn Romaine Salad w/ Dressing	Lunch Chicken Caesar Salad Tomatoes Chips	Lunch Fish Sticks/ Potato Tots / Carrots /Green Beans / Milk/ Fruit	Lunch Hot Dog Baked Beans Green Beans	Lunch Pepperoni Romaine Salad / Carrots & Cucumbers
23. Breakfast Grits/sausage patty	24. Breakfast Pancake/ Bacon	25. Breakfast Granola Bars & Yogurt	26. Breakfast Yogurt / Muffin/	27. Breakfast Bagel/ Cream Cheese/ Strawberries
Lunch Mac & Cheese Broccoli / Roll	Lunch Alfredo & Chicken Mix Veggie	Lunch Chicken Sandwich Carrots/ Celery/ Chips	Lunch Taco Beef Tator Tarts Black Beans Lettuce & Cheese	Lunch Cheese Pizza Romaine salad w / Carrots / Tomatoes
30. Breakfast Blueberry muffins/ Yogurt	31. Breakfast Assorted Cereal / String Cheese			
Lunch Chicken Nuggets Corn / Green Beans	Lunch Sloppy Joe Corn / Romaine Salad			

Aftercare 10/2- 10/31/2023

Snack for Aftercare any one of these snacks.

Motts Fruit,

Celery with Ranch,

Pretzels, and Pizza on Friday.

String Cheese, Milk,

Crispy Treats,

Apple Juice, Chips, Fruit Cups

Carrots stick with Ranch dressing.